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The WHA Wishes All its Staff, Members, Families and Friends a Joyous and Happy New Year!!



**WHA Winter Camp 2012**  
**Santa Monica, California**  
**February 17, 18, and 19, 2012**  
*-now accepting registrations*

**Best Western Plus Gateway**  
**1920 Santa Monica Blvd**  
**Santa Monica, California, USA**  
WHA group rate on rooms for \$139 plus tax  
Shuttle to and from LAX available

**What's Inside:**

- *Great Member Articles*
- *WHA Winter Camp Flyer pg 6*



Core & Advanced Training  
Camp fee - \$150  
Payment can be made via Paypal  
***A great opportunity for all members!***

**The WHA Welcomes:**

**Frank Loiacono** from Langhorn, PA  
**Chris Hans** from Okeechobee, FL  
**Rui Gan** from Evanston, IL  
**Rod Liechti** from Idabel, OK  
**Raj Dahya** from Kissimmee, FL

**Check out the NEW Column This Issue**

The **World Hapkido Association** will be offering further insight and explanation into the **Korean terminology of HKD** with a new section starting this issue. Members are prompted to ask questions and make requests. Answer will appear in the column. See the column "**Hapkido Terminology**" on page 4



**NEW WHA Wall Flag!**  
*Available to WHA Charter & WHA Life Members Only*  
\$35 for flag including s/h.  
Please contact **Tom Reed, WHA Executive Director**, to order.





**Need more Hapkido training?**

Visit our web site [www.worldhapikdo.com](http://www.worldhapikdo.com) and check out our **Online Courses!**

Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area.

Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.



**We Want to Hear from YOU!**  
**The WHA Newsletter is for the members by the members.**

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

**Submissions are due the 21st of the month.**



**Ultimate Hapkido**  
with Master Tae Jung  
only \$59.95 + \$5.95 s/h


**Courses I & II & III**  
**Complete Staff Training**  
Featuring Master Jason Jung  
\$49.95 + 5.95 s/h  
**Order yours today!**

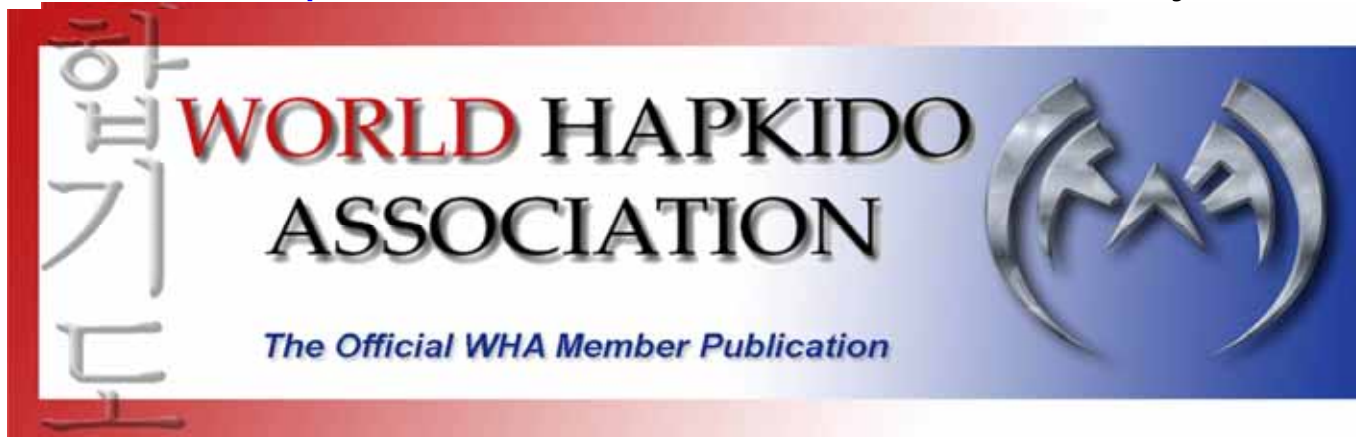


**WHA HATS**  
On Sale Now \$15.00 + shipping  
[www.worldhapkido.com](http://www.worldhapkido.com)



World Hapkido now on Facebook





### Accomplishment\*

What did we accomplish last year? Was it what we wanted? Were the things we wanted to address given attention?

Jouju – the Japanese word for accomplishment – is one defining our achievements no matter how big or how small they may be – simply achieving what we set out to do is an accomplishment. Great growth takes place when we honor our goals by achieving them. Whatever your goal? Ask yourself, “Did I accomplish it?” Was it made a priority or was it just words? Did we allow ourselves to falter by easily offering ourselves excuses not to complete our task? Excuses are easy, especially if what we deem as accomplishments are only but words as well. Excuses are the loop holes we have given ourselves for an easy out. With enough excuses, we wind up believing them to be true. Thus, we have accomplished not to accomplish. Don't deny the chance to grow or to succeed.

The close of the year is behind us and of course the start of a new one has already begun. During these first few weeks, many of us will often take some time and reflect on the past 12 months. We evaluate and re-evaluate what we have done – what we have accomplished. With much hope, each of us have accomplished what we set out to achieve and are better for it.

Accomplishment is a personal endeavor. Consider all the opportunities that accomplishment has to offer – all the doors it can open. **Happy New Year!**

*Michael Aloia – Asahi Dojo, PA  
\*originally appeared in Aikido Now*

### Instructor Certification Course at Camp

Are you interested in becoming a Hapkido instructor, certified by the World Hapkido Association? Do you hope to have a class or Dojang of your own one day? Are you interested in learning about methods of instruction, how people learn, how to motivate students, and how to better plan your classes? If so, this course is for you. A **Level I Certification Course** will be taught this February at Winter Camp on **Friday, February 17** beginning at approximately 4:00 pm. The course is open for those ranked 2<sup>nd</sup> Geup and higher. The cost is \$99 for almost five hours of specific instruction and materials to keep and be a continuous source of assistance.

Please contact either Master Jason Jung at [jjung2381@yahoo.com](mailto:jjung2381@yahoo.com) or Dante J. James, Director of Education at [dantejj@comcast.net](mailto:dantejj@comcast.net)

The number of participants is limited, so do not wait if you are interested.



**Ki Martial Arts Centers** medal winners who participated in the **Omega Martial Arts Tournament** held on **December 10' 2011**:

**Collin Hart – Gold**  
Boys 12 Years & under Self Defense

**Danica Gibson - Gold**  
Women's Under Black Belt Self Defense & Hapkido Sparring

**Keith Righthouse - Gold**  
Men's Under Black Belt Judo, Self Defense, & Hapkido Sparring

**Mr. DJ James – Gold**  
Men's Light Weight Black Belt Judo & Hapkido Sparring



### Hapkido Terminology

*A deeper look into the words of the way*

**손: Sohn** - meaning hand or hands

**살리기: Sahl-Li-Ki** - meaning 'Live' or 'to activate'

**Sohn Sahl-Li-Ki** - meaning 'Live Hand' is to charge energy or 'Ki' onto your finger tips and wrist.

**Sohn Nahl:** side edge of your hand (knife hand)

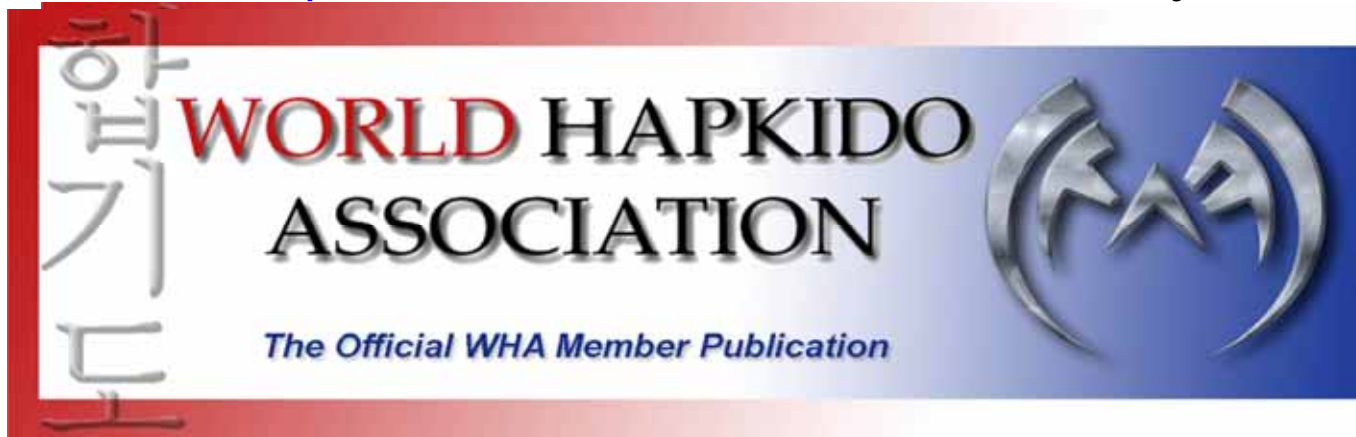
**Sohn Ba-Dahk:** Palms

**Sohn Deung:** Back of hand

**Sohn Mok:** Wrist

**Sohn ka-Rahk:** Fingers

If you have any further questions about hands or any other names of Hapkido techniques in Korean, please send your questions to [HapkidoDictionary@worldhapkido.com](mailto:HapkidoDictionary@worldhapkido.com) and you will receive your answer by next newsletter



### **Being a Student At Jung's Martial Arts Center**

Many times before I started training, Grand Master Jung had approached me about training. I was a little reluctant to start because I was at the age of 69 and still working to support my family with children in school. I was afraid of getting seriously injured and not be able to work anymore.

Grand Master Jung persuaded to come by telling me he had a class for seniors at 11:30 A.M. Every one took it easy, but still trained seriously.

There were physical challenges in my shoulders and neck (lots of pain). Also arthritis was in all the joints in my body.

The first 8 months were the hardest in the training because of the twisting for the warm up exercise being so foreign to my normal exercise each day.

However, the skillful guidance Grand Master Jung has made a believer out of me that most people can overcome their physical challenges, such as balance, flexibility, stress, and the ability to sleep soundly, just to name a few benefits.

Now at the age of 71, I was promoted to orange belt as of 12/19/11.

I have learned that neither age nor physical disabilities should prevent us from having a stronger body and being mentally sound.

His son Jason is a perfect example of how Grand Master Jung can help us to obtain a physically strong body in the skills of Hapkido, a positive attitude, confidence in ourselves and respect for other people.

Jason, even though he got injured about a quarter of the way in to his testing, managed to demonstrate his courage and a strong mind and body he has been able to develop through the skillful training of his father, Grand Master Jung.

Thank you Grand Master Jung!

*Bobby Pitts*



## 2012 WHA Winter Camp



Date: **February 17, 18 and 19.**  
Location: **Best Western Plus Gateway**  
1920 Santa Monica Blvd.  
(310) 829-9100

Payment: \$150

Payment Options: 1) Paypal; credit card payments to: [jjung2381@yahoo.com](mailto:jjung2381@yahoo.com)  
2) Send name, address, phone, e-mail address, rank and teacher to:  
[jjung2381@yahoo.com](mailto:jjung2381@yahoo.com) and you will be billed directly.

\*Call Best Western Gateway at (310) 829-9100 for a room reservation. Mention "World Hapkido event" for room reservation to receive the group rate. Or, again, check any local hotel nearby for a better rate.

*Note: If you will be staying at the Best Western, and you would like to request shuttle service, you must contact WHA headquarters directly to request this!!*

Fellowship, Training and Fun are waiting for you in the 2012 Annual WHA Winter Hapkido Camp in Santa Monica, CA. Come join both students and instructors on the mat from all over the country and the world for an unparalleled opportunity to grow in all areas of your Hapkido training and instructional ability.

There is no better way to learn varied aspects and nuances to your martial arts than by both training with, and learning from a wide range of skilled masters who bring different strengths and methods to their Hapkido. The beauty of Hapkido lies in the fact that its core philosophies and techniques can be manifested in many different ways. All instructors bring strengths and differences to the art which is Hapkido. GM Jung constantly provides new ways and insights into our techniques and training, even in the core basics.

**Come be part of the family!**

*We look forward to seeing you in February in Santa Monica!*

**The World Hapkido Association Official Newsletter**

[www.worldhapkido.com](http://www.worldhapkido.com)

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